

Publication of The Ghana Tourism Authority

### **EASTER GUIDE**







#### Download the

## All-in-One App

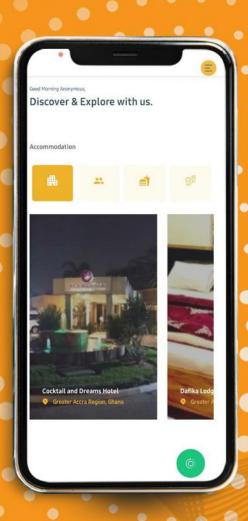












Web version - gta.visitghana.com

- **☑** Explore Ghana
- **✓** Order Food
- **Y** Reserve Accommodation
- ☑ Rent Cars & many more



## CONTENTS

#### **5 WELCOME**

Daasebre Akuamoah Agyapong II, Omanhene of The Kwahu Traditional Area

#### 11 MESSAGE

Akwasi Agyeman, CEO, Ghana Tourism Authority

#### 12 KWAHU AT A GLANCE

About Kwahu

#### **14 SIGHTSEEING**

Tourist Attractions in Kwahu

#### 18 MESSAGE

Hon. Isaac Agyapong, DCE for Kwahu East

#### 20 **MESSAGE**

Hon. Emmanuel Atta Ofori Snr, DCE for Kwahu South

#### 22 **MESSAGE**

Hon.Yaw Owusu Addo, MCE for Kwahu West

#### 24 **MAP**

Map of Kwahu

#### **26 PARAGLIDING**

Open the wings of freedom and make your dream of flying in the air come true.

#### **28 14TH AND 15TH APRIL KWAHU ACTIVITIES**

A person must never cease striving to enjoy life.

#### **32 16TH APRIL KWAHU ACTIVITIES**

Enjoy Life. Have fun. Be kind. Have friends. Make the most of it. It's all we've got.

#### **34 17TH AND 18TH APRIL KWAHU ACTIVITIES**

You'll miss the best things if you keep your eyes shut.

#### 35 ACCOMMODATION

Life is a journey that must be traveled no matter how bad the roads and accommodations.

#### **38 SOME ACTIVITIES AT KWAHU**

Life is a journey that must be traveled no matter how bad the roads and accommodation are.

#### **44 SOME EASTER ACTIVITIES IN DIFFERENT REGIONS**

Nothing is fun until you're good at it.

#### **55 PARTNERS**



H.E. NANA ADDO DANKWA AKUFO-ADDO President of the Republic of Ghana



#### DAASEBRE AKUAMOAH AGYAPONG II

Omanhene of the Kwahu Traditional Area

It gives me great pleasure to welcome you all to the 2022 Kwahu Easter Festivities after a 2 year break due to the debilitating Covid 19 Pandemic, which brought almost everything to it's knees including our very cherished "Kwawu Easter".

The Kwahu Easter, has over the years gained international prominence, and the advent of the Paragliding sport at the Odweanoma peak at Atibie has added more colour to the festivities. I commend the Ministry of Tourism, Arts and Culture, the Ghana Tourism Authority and the , various stakeholders along the tourism value chain for their continuing support.

I have keenly followed the preparations and stakeholder engagements which preceded this years Easter and I am particularly happy with how various projects and activities have been incorporated, all in a bid to add diversity and variety to the existing activities. I have had cause to set up a committee to work with Nananom and the various assemblies to fashion out a workable solution to the very chaotic traffic situation during the Easter, and address other such bottlenecks. Hopefully, this year will see a free flow of revellers and less traffic, after the tremendous work done by the committee.

As we are all aware, Kwahu is steadily evolving into a Tourist destination and it is my fervent hope that, private investors and government continues to find ways to identify and develop the many untapped tourist sites that abound here. It is evident, Kwahu has lot of Tourist sites that if fully developed, will add up to the revenue base of the Country and further enrich the lives of my people. An area of immense interest to me particularly is eco-tourism. I implore nature lovers to go bird watching, explore our beautiful flora and fauna, caves, go on a cruise on the Afram River, spend a day with our hardworking women potters doing marvelous works with clay and other such exciting trails.

As we celebrate this year's Easter, we must still be reminded that Covid 19 is still with us. Let us be mindful and observe all the neccessary safety protocols. I urge revelers to also be kind to the environment and leave it better than they met it. Often times, towns have grappled with tons of waste left behind by party goers and businesses. We pride ourselves as some of the cleanest people in Ghana and every visitor can attest to this; please help us maintain that enviable status or even enhance it through your deliberate actions.

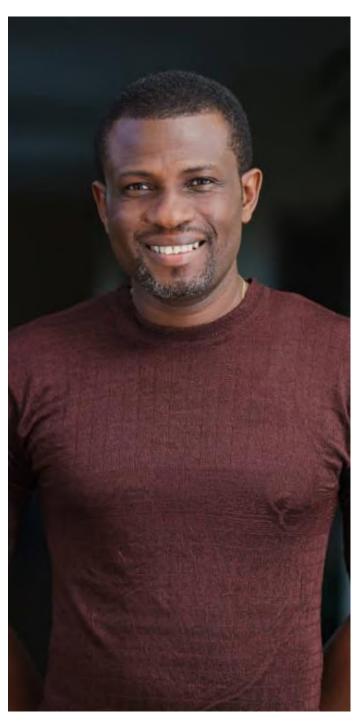
I wish also to advise participants on wearing decent clothing, avoiding excessive indulgence in alcohol and avoid the usage of hard and recreational drugs etc. Let us all be moderate in our celebrations, be law-abiding and take our personal security seriously. I am very impressed with the detailed security plans by the Police and other agencies, and I am looking forward to an incident-free Kwahu Easter.

Again, you're duly welcome to this year's Easter celebrations in Kwahu. I thank you all for choosing Kwahu, as your Tourism destination. Enjoy your holidays, have fun. Asaase Aban!





HON. DR. IBRAHIM MOHAMMED AWAL Minister For Tourism, Arts and Culture



HON. MARK OKRAKU MANTEY Deputy Minister For Tourism, Arts and Culture





MR. SETH KWAME ACHEAMPONG

Eastern Regional Minister

#### MEET THE MPs'



HON. BRYAN ACHEAMPONG

MP, Abetifi Constituency



HON. DAVIES OPOKU ANSAH

MP, Mpraeso Constituency



HON. JOSEPH FRIMPONG

MP, Nkawkaw Constituency



## **Motor Insurance Database (MID)**



premium to protect you and others.

# TO VERIFY THE VALIDITY OF YOUR INSURANCE Dial \*920\*57#

Follow the instructions by entering the vehicle registration number e.g. AP123420 or AP 1234 20

"Insurers don't pay claims for vehicles with fake motor Insurance Policies"

for more information, contact: 0302 960 659 / 0302 960 696 email: complaints@nicgh.org / info@nicgh.org

**#StopFakeInsuranceNow** 



Message From

**AKWASI AGYEMAN**CEO, Ghana Tourism Authority

The Kwahu Easter Festival is the ideal way for us in tourism to showcase to the country and to the world that indeed, we are "open and ready". It's been two difficult years for our sector as we experienced the adverse effects of the COVID-19 pandemic across the entire value chain. Yet we kept hope alive, believing- just as His Excellency the President had stated- that this too was going to pass. We pay tribute to the resilence of all the sector players.

The Kwahu Easter Festival is arguably the biggest festival in the country designed to break down barriers and unite the country.

It is a time for diverse cultures and activities, and a time to celebrate the fact that we've got a lot more in common as a people than the differences that separate us.

This year, to bring more structure to the Easter activities, we have teamed up with the Kwahu Tradtional Authority, the Kwahu East, West and South Assemblies and other key stakeholders to form a Local Organising Committee (LOC) to ensure visitor experience is enhanced and health and safety considerations are mainstreamed.

The LOC is here to stay and we believe the learnings from this year will help improve on the Kwahu Easter festivities going forward.

It is absolutely more important now than ever that all visitors celebrate responsibly. Lets all remember the Kwahu Easter keeps our culture alive.

We thank the Kwahu Traditional Authority, the Members of Parliament from Kwahu, the Chief Executives of the various assemblies and all the stakeholders involved in this year's activities. We welcome our pilots who have flown from far to volunteer their time to make the paragliding event a success. We wish you all a successful festival.



#### **KWAHU AT A GLANCE**

Kwahu features the highest inhabited spot in Ghana - it is where the Christian Missionaries from Basel found their own "new Switzerland" - and the rocky green plateau breathes fresh air. Mosquitoes are fewer, and though the sun can still take the day temperature up to 36°, the air is not humid and you may even need a light jacket on occasional evenings.

The name Kwahu applies both to the people and the area, and has several dramatic explanations of its origin. One such explanatiom is that it was given to a tribe which decided to resist the expanding domination of the Ashanti Empire and barricaded itself on a high ridge overlooking the Afram River (Now part of the Volta Lake). These peaceful people were nevertheless stout enough to guard their land by threatening to roll rocks down on anyone who came after them, and so outsiders called the area "Kwahu"- Go and die! We are happy to say that today's welcome is warmer.

The scenery is equally full of drama, as weather- sculpted rocks tower precariously above ravines and command spectacular views. Waterfalls and huge trees, rivers (trickling in January, racing in July), brilliant flowers and butterflies, wind-swayed crops and above all the great expanse of the man-made Lake Volta, fringed with gaily painted boats, make Kwahu a hidden paradise unlike any other area of Ghana.

Compared with the better known tourist attractions of the Slave dungeons at Cape Coast and Elmina, the Canopy Walk at kakum, the Cultural Centre at Kumasi, the Sacred Crocodiles at Paga and the Game Reserve at Wa, Kwahu is a quiet country area less frequently visited by Ghanaians or foreigners. This makes it all the more special to discover for yourself. Its hills and valleys, rich forests, high cliffs, wildlife and waterfalls all add up to a rural experience that is quite unexpected in Ghana because the area is not overexploited, the welcome of the people is sincere and delightful. They are ever ready to include you, whether in town activity or quiet village life, and to share with you the peace that comes from centuries of living in a beautiful place.

The various towns of Kwahu include Nkawkaw, Obo, Obomeng, Mpraeso, Atibie, Nkwatia, Abetifi, Abene and Pepease. The rest are Bep- ong, Asakraka, Twenedurase and Tafo.

The Character of the landscape draws much of its colour from the Traditional (pre-Christian) faith, which holds that all marvels of nature embody the creator. So this rock is a God, that tree is another, and it is hoped you maybe thoughtful enough to toot your horn as you drive across any bridge in case the children of a River Goddess may be playing in the road. Today such instinctive beliefs underlie the very life of Kwahu, emanating a tolerance and understanding which is shared alike by the area's Christians and Muslims.

Those of us who are devoted to the development of tourism in Kwahu do so from a sense of responsibility to nature, and to the ancient culture which has been the backbone of this area since the ancestors first came here. Folk memories do not stretch back as far as the makers of the Stone-age arrow- heads and knives which have been found here in abundance, but rivers, rocks and caves bear names which testify to the reverence afforded them in 'Gone Days'.

The forest and its grasslands are full of legends about the small, mysterious- not to say mischievous creatures who used to be all around (and to many, still are) and the wisdom of the ages is enshrined in ancient proverbs, which, enigmatic at first hearing, record the tourism that have provided a testament of wisdom and experience for the Kwahu people. Many of these proverbs have been long ago pictogrammed into symbols known-from their use on funeral cloths- as Adinkra which you will see everywhere as you travel around Ghana.



## Our Akwaaba means more than just WELCOME

#### EXPERIENCE THE BEST IN HOSPITALITY

The refreshed Alisa Hotels is a peaceful oasis for everyone who appreciates the power of rest and relaxation. Alisa is a canvas on which businesses, partnerships and ideas that change the world can be painted without hindrance. Alisa is an open dancefloor for lovers of great music and amazing atmosphere. Alisa is a world of tastes for all who understand how good food makes everything better, even if only for a moment. Alisa is fresh air, discovery, connection, excitement, ease, simplicity, sophistication, class, culture and innovation all in one.

www.alisahotels.com | 21 Dr. Issert Street, North Ridge, Accra - Ghana.



+233 302 214 233 | +233 302 214 244

Visit our other branches: 

Labone 

Tema (coming soon)





Ghana has numerous tourism resources across its 16 administrative regions which attracts both domestic and international tourists. The tourism resources within the Kwahu region particularly stands out due to its preserved nature.

The area which is set amidst mountains resembles the Italian region overlooking Lago di Gardo in Lombardy or the surroundings of Interlaken in Switzerland with winding roads uphill towards Beatenberg. An aerial view of portions of the Allegheny Plateau in the United States provides another good description of the Kwahu area.

Characterized with pleasant weather conditions all year round, Kwahu remains ideal for ecotourism and cultural activities in Ghana. Most of the tourism resources in Kwahu are well conserved and naturally undisturbed. Over the years, Kwahu has consciously promoted its cultural resources to the international market through the celebration of Easter and paragliding activities and remain one of the regions in Ghana which upholds royalty, heritage and cultural norms.

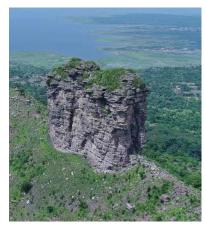
The influx of tourists to the area has shaped the hospitality sector as many lodges, motels and state of the art hotels can be found within the enclave. In November 2019, Kwahu Republic a community-based tourism promotion organization formed tourism societies in some senior high schools exposing students to the various tourism resources in Kwahu and empower such students to become tourism ambassador for the area. This will go a long way to instill pride and cultural values in the youth. The varied tourist attractions in Kwahu include; Nkofieho Caves of Life/Mystical Cave, Bruku Rock, River Afram, The Kwahu Aduamaoh Fort, Butuase waterfall, The Kwahu Odweanoma Paragliding, Oworobong Waterfall, Oku Waterfall.

### SIGHTSEEING



#### **Oworobong Waterfalls**

Oworobong is a small town after Ankoma township also in the Kwahu east District. The waterfall is a wonderful two-level waterfall, misty in full flow and half hidden below tangled and bird-filled trees, which is worth a visit.



#### **Bruku Rock**

Bruku is located in Kwahu -Tafo in the Kwahu East District, Bruku as popularly called is best viewed from the Adawso stretch. The "god" bruku is the sacred guard watching over the entire Kwahu enclave. Magnificent as it is, it was once believed to be higher and visible by sailors on the ocean 150 km away.



#### **Afram River**

Is a special river in Kwahu as it serves as the connecting gateway between Kwahu and the Afram Plains. The Afram river was a small river that became a vast stream of river after the construction of the Akosombo dam. The beauty of the river is superb especially during the raining season.



#### Airjays

The Airjays Walkway and Zipline is a 15km path of more than 877 wooden steep stairs ascending to the apex of the Obo Mountain at a dizzying height of about 2,500ft above sea level. It also features the first-ever commercialized 200m Zipline up the slope and a unique 75m canopy walkway on the mountain.



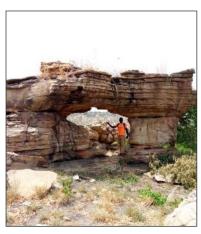
#### **Mystical Cave**

The Mystical Cave also known as Nkofieho Cave of Life is believed to be one of the oldest caves in Ghana its an absolutely breath-taking tourist site. The site is located close to the Padlock Rock in Kwahu Twenedurase in the Kwahu South District, Nkofieho Cave is an ecotourism and about 5.11 hectors in size.



#### **Abetifi Stone Age**

The Abetifi StoneAge Park is both man made and heritage site with a very fascinating history. Abetifi stone age park is a multi-purpose tourist site and museum which depicts the indigenous stone age era.



#### **Echo Ravine/Padlock Rock**

In the forest near Twenedurase just after Obo is a natural wall of rock which responds to your voice with a marvelous echo. You can actually stand on a ledge and call out your name and will never forget the sound of that calling coming back at you. Inside the forest is a formation in the cliff which the locals call Padlock Rock.



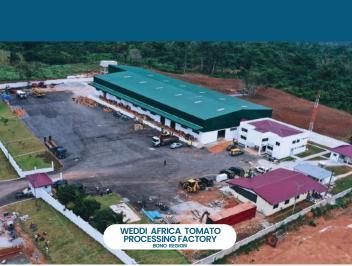
#### Kwahu Aduamaoh Fort

Aduamoah township in the Kwahu East District is well known for the production of tiger nuts in Ghana. It also houses the oldest palace (fort) in Kwahu which is over 300 years old. The palace is the seat of the Kwahu Benkumhene which literally means the chief of the left wing of the Kwahu Traditional set up.

# POWERING MADE IN GHANA PRODUCE PRODUCE **PROSPER**

Ghana Export-Import Bank (GEXIM), through the IDIF Initiative has financed over 120 projects including Casa De Ropa and Ekumfi Fruits and Juices Factory in the Central Region; AKRO Poultry Farms in the Eastern Region and Weddi Africa Tomato Processing Factory in the Bono Region.

Let's **Prosper** as a nation by **Producing**, **Promoting and Purchasing** MADE-IN-GHANA products. Ghana

















enquiry@eximbankghana.com 📵 www.eximbankghana.com



Facilitating Ghana's International Trade





#### MOST PROMISING AIRLINE COMPANY





Goldstar Air © @goldstarair  $\bigcirc$  @Goldstar\_Air +(233) 030-3933273 | 030-3933274  $\bigcirc$  www.flygoldstar.com



Message From

HON, ISAAC AGYAPONG DCE for Kwahu East

As we celebrate the 2022 Kwahu Easter and Pargliding Festival, I believe it is more fitting to express my warmest felicitation on behalf of His Excellency the President, Chiefs and people of the Kwahu East District to all stakeholders who contribute greatly to the development of Tourism and hospitality in the Kwahu East District.

Kwahu East is truly the rising star of the East. Since its inauguration on 29 February 2008, the District Assembly has not relented in bringing whole- some development to the door steps of the people.

The District is rapidly developing into a major hospitality and tourism hub in Ghana, awash with opportunities for private sector investors. The District Assembly, having created a conducive investment atmosphere for private enterprise to thrive, welcomes prospective investors with open arms to develop the numerous tourist sites in the district.

The Kwahu East District can boast of some of the best natural and cultural attractions that can attract both domestic and international tourist in Ghana. The Kwahu Easter and Paragliding festival has become the most patronised festivity among the Kwahus and tourist. It is during Easter that Kwahus in Ghana and abroad return home with friends to celebrate with their families back home. It is expected that for this year's celebration about three million people will be visiting Kwahu with a

number of social gatherings and funfair activities scheduled to take place during the four day celebration. The Easter Celebration holds a great potential for tourism if well harnessed by stakeholders. More especially the Paragliding Festival which has gained international attention and patronage.

Kwahu East district is a melting point of culture, and geological treasures. Visitors to Kwahu are spoiled for choice when it comes to some of the best attractions that are located here. These include: the Bruku Shrine and Butuase waterfall at Kwahu Tafo, Oku Abena falls at Bokuruwa, the Gaping Rock at Kotoso, the Highest Habitable Point in Ghana at Abetifi, Oworobong water falls, Ramsey Route at Abetifi. Others are Nana Ampong Adjei cave at Abene, the Echo Mountains at Akwasiho, including the Kwahu Easter festival. As Michael Chabon once said "Entertainment is a sacred pursuit when done well. When done well it raises the quality of human life".

We will continue to count on the Ghana Tourism Authority, Investors and all key stakeholders in our development agenda to collaborate with the District Assembly to diversify and expand the tourism industry for economic development in the district and the country at large in a manner consistent with Government's vision of creating prosperity and equal opportunity for all.



Ghana Standards Authority is an Agency of Government responsible for developing, publishing and promoting standards in the country. It does this through standardisation, metrology and conformity assessment, i.e. testing, inspection and certification. These activities ensure that products or goods and services produced in Ghana, whether for local consumption or for export are safe, reliable and are of good quality.

#### Our Main Services include:

- Testing and Inspection
- Certification
- · Standards Development
- · Calibration and Verification
- · Ensuring the use of Weights and Measures in Trade and Industry
- De facto (and in most cases, de jure) National Trading Status Authority
- · Library and Information Dissemination
- · Training and Sensitisation
- Public Education and Consumer Protection

#### Currently, the Authority has:

- five (5) ISO/IEC 17025:2017 Accredited **Testing Laboratories** (*Microbiology, Metallic* Contaminants, Histamine/Mycotoxins, Food and Drinks and Pesticide Residues laboratories);
- six (6) ISO/IEC 17025:2017 Accredited **Calibration and Measurement Laboratories** (Mass, Temperature, Volume, Balance, Humidity and Pressure laboratories);
- ISO/IEC 17020:2012 Accredited Inspection **Body**
- ISO/IEC 17065:2015 Accredited Product **Certification Body**
- ISO/IEC 17021:2015 Accredited Management System Certification Body
- CQI/IRCA Approved Training Body ISO/IEC 9001:2015 Accredited

making GSA your trusted home of Certification, Calibration and Verification, Import and Export Inspection, and Testing of products from diverse industries.

#### WORKING HOURS:

Main Working Hours: 8:30am - 4:30pm Extended Working Hours: 6:00am - 10:00pm (only applies to our Testing Services in areas of Engineering, General Chemistry, Polymers, Textiles, Gold, and Petroleum Products

#### CONTACT INFORMATION:

Address: P. O. Box MB 245, Accra - Ghana Email: dgsec@gsa.gov.gh Telephone: (+233-302) 506991-5 / 500065/6 Website: www.gsa.gov.gh



Get Social With Us! **Ghana Standards Authority** 



Message From

#### HON. EMMANUEL ATTA OFORI SNR

MCE for Kwahu South

In the year 2020, when the Municipality and indeed the whole Kwahu State was preparing for its Annual Homecoming and Easter Celebration, the country was hit with the deadly Corona Virus (COVID-19). Since then, it has been 2 long years the Kwahu Easter Festival was celebrated. The local economy of the Municipality took a nose dive due to the suspension of the Easter festival. Small and Medium Scale entrepreneurs had to divert their investment with some going completely out of business. The tourism and hospitality industry took the greatest of the shock.

We are excited that Kwahu Easter is back. The euphoria is back in full force. Local businesses are springing back to life. This year, the Municipality which is the hot seat of the Easter festival is ready to host all revelers. Odweanoma Paragliding Site, the Echo Raven Drive and other tourism sites in the Municipality have few have been adequately prepared to provide satisfaction to tourists.

The Municipal Assembly and its departments would be on standby to provide the necessary security and sanitation support to make the festival successful.

We welcome all tourists to the Municipality and we wish you a memorable stay.





#### How To Play The Atena Game

- Step 1 Dial \*780# on your phone
- Step 2 Select Atena (Option 1)
- Step 3 Select Jersey Numbers Game (Option 1)
- Step 4 Choose either **Hearts** (Option 1) or **Kotoko** (Option 2)
- Step 5 Enter your **5 jersey numbers** separating them with commas (,)
- Step 6 Repeat the numbers in the same sequence separating them with commas (,)
- Step 7 Enter the **number of tickets** you want to play at **Ghs 2.00 per ticket**
- Step 8 Select your mobile money wallet from your network provider
- Step 9 You will need to authorize the transaction, and a prompt will be sent to that effect. Kindly **enter** your PIN and confirm the transaction.

#### **Kindly Note That:**

- Once you get 3, 4 or 5 out of the numbers drawn, you are a winner
- Draws are held on Mondays
- Cash prizes are sent via mobile money
- Electrical appliances are redeemed from NLA offices across the country

For More Information, Kindly Contact:

......

0266087946,0269014089, 0269014019,0266087961, 0266087966,0266087946

🕜 NLA Atena Game 🔞 @nla\_atena 💟 @NlaAtena



Message trom

HON. YAW OWUSU ADDO

MCE for Kwahu West

Once again the legendary Okwahu Easter (Yesu amanehunu) is here with us after the rude two year interruption, consequent upon the frightening effects of the Covid 19 pandemic.

For years the festivities surrounding Easter in the Kwahu enclave had become a much awaited event for most Ghanaians who saw it as an opportunity to "wind down" after a year's hard work.

I am aware of the effort being put in place by Nananom and partners to gradually develop, as time goes by, a more structured festival to rival some of the world acclaimed carnivals in the Caribbean.

This year's celebration marks a watershed as we attempt to introduce new events like "hot air balloon "flights and ideas including "park and ride" where we encourage car owners to park their vehicles downhill at secure parking lots at Nkawkaw and hitch bus rides uphill, in addition to the ever popular paragliding event.

In the coming years more innovations will be incorporated into the festival to make it more commemorative and worthwhile for revellers. The idea in the longrun, is to make the Kwahu enclave an all year round tourism destination and to monetise the abundant natural and human resources that have, as of now, been left untapped.

No worries about where to lodge. Kwahu now boasts of one of the plushest hotels in West Africa, Rock City, the latest addition to the other starred hotels on our ridge.

A home away from home awaits you this Easter in Kwahu as you come to celebrate the death and resurrection of Jesus, the Christ with us.

Akwaaba.







**Transportation** Snack Breakfast Lunch Paragliding sight Cave of life Abetifi Stone age park

#### **Our Services**

- 1. Flight Ticket and Reservation
- 2. Domestic Tours All Regions in Ghana
- 3. International Tours (Dubai, Egypt, Turkey, Zanzibar, Morocco, Mauritius etc.
- 4. Meet and assist at the airport
- 5. Pilgrimage to Israel, Turkey & Egypt
- 6. Wholesale Tour in Turkey
- 7. Medical Tourism Turkey
- 8. Travel Insurance
- 9. Hotel Reservation







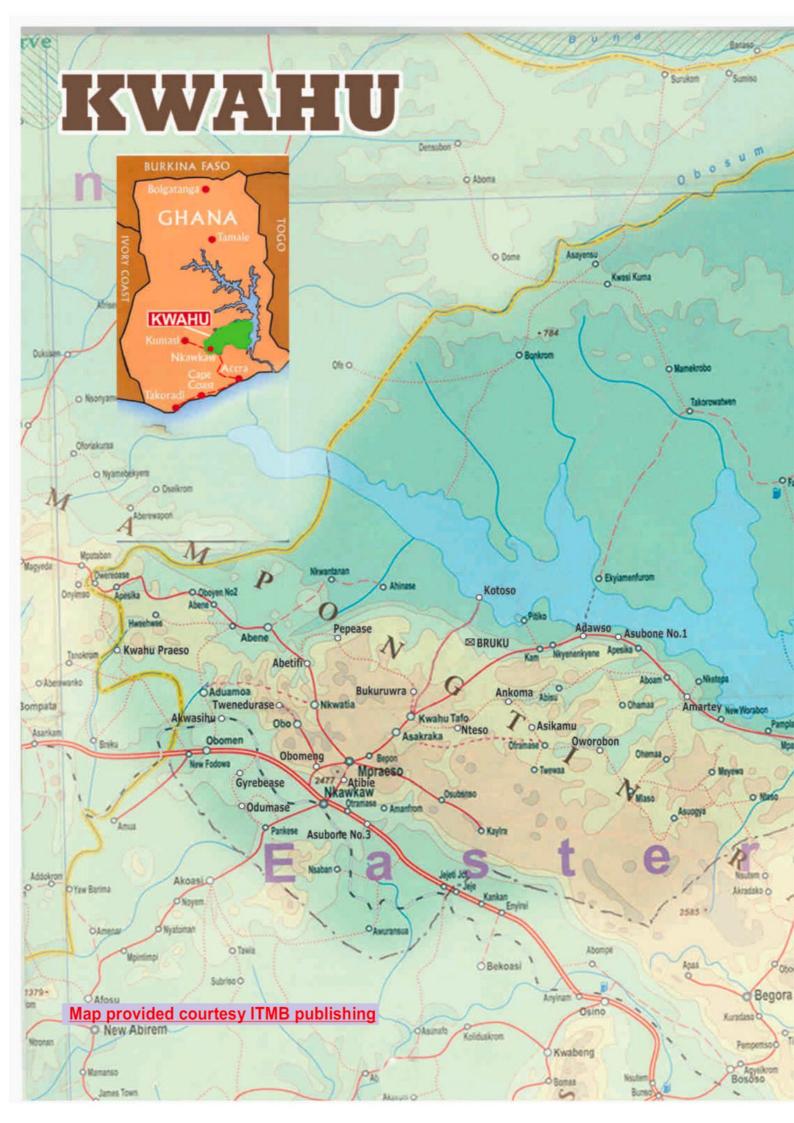
16th April, 2022

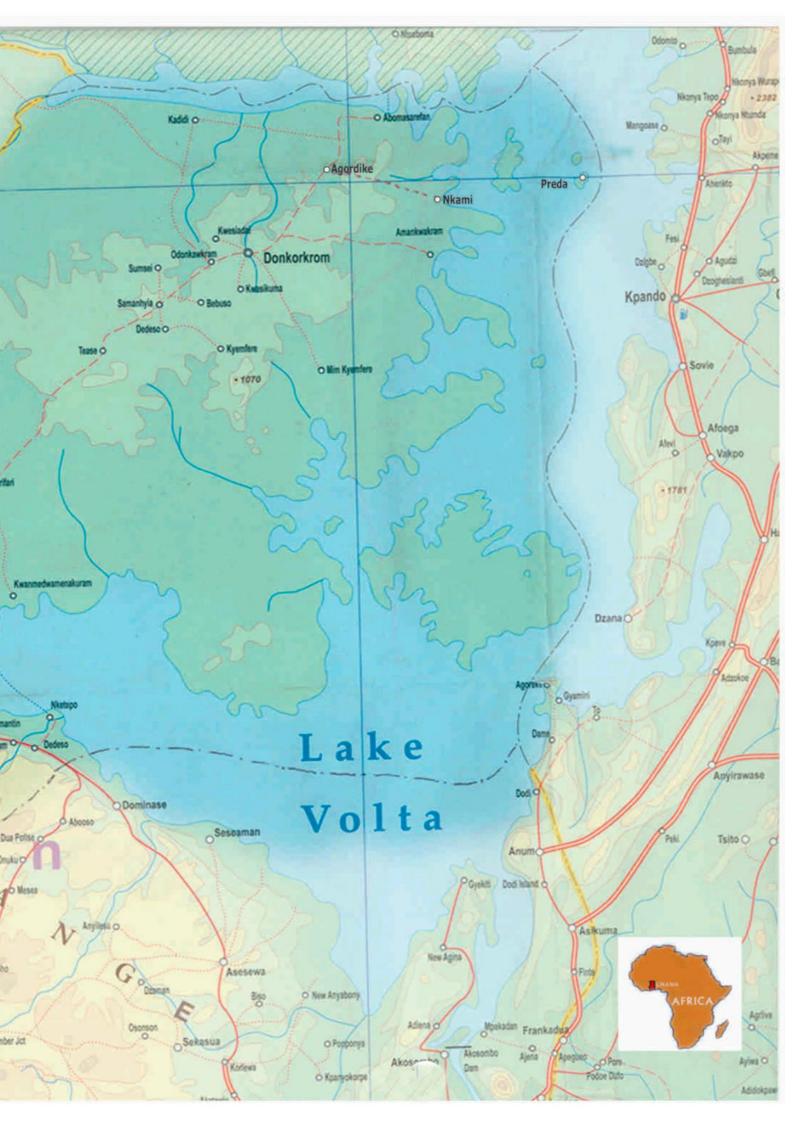


**GET IN TOUCH** 

+233 553 646 761

- info@barjultravels.com
- www.barjultravels.com
- Accra Ghana







#### GENERAL INFORMATION ON PARAGLIDING

Paragliding is an aviation sport that is enjoyed by hundreds of people around the world. It is most popular in Europe where there is an estimated 400,000 pilots. In the United States, numbers are considerably less but the sports is increasing popularity.

In flight, the pilot remains in a sitting position inside a harness hanging below the canopy. Most modern harnesses include a reserve parachute which may be deployed in case of emergency. The paraglider is launched from a hillside or towed with a winch. It is kept aloft by a ram-air aerofoil canopy. It is steered by using vertical riser lines attached to the chute.

In calm air, the average speed over ground of a standard paraglider is approximately 30/40km/h. The performance of a paraglider is measured by its glide ratio, defined as the vertical over horizontal distance it covers.

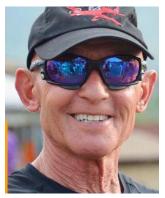
A paragliding flight may be performed by a single pilot or an experienced pilot [instructor] together with a passenger (with no prior flying experience) attached to the same canopy. Such passenger flights require special equipment (tandem paraglider). A paraglider flight can last between a few minutes and a few hours, depending on weather conditions and the skill of the pilot. Paraglider flown by an experienced pilot may cover distances of tens and even hundreds of kilometers without the use of a motor at any stage of the flight.

The origin of paragliding has roots in the sport of parachuting. In the early 1960s, American parachutist Pierree Lemoigne was successful in cutting slots in the round parachute through the canopy. This had a dramatic effect on the lift to drag ratio and allowed for the pilot to steer the chute in a predictable manner.

Paragliding can be enjoyed by adults of all ages, both men and women, as it does not require any particular strength or exceptional physical fitness. A basic training enabling a person with no previous experience to fly a paraglider independently and safely, take approximately 15 days during which the theoretical knowledge can be acquired. The training should be carried out under the supervision of experience instructors with the use of suitable and reliable equipment.

In Ghana, Paragliding was initiated by the Ministry of Tourism in April 2005 during the annual Easter Festival in Kwahu-Atibie. It was organized to coincide with the Easter festivities that year on the Odweanoma Mountains. With the exception of 2009, the Paragliding Festival has been organized each year. As an aviation sport, the event is patronized by both local and international tourists during the Easter season. In addition, Paragliding has also been adopted as part of the tourism calendar of events in Ghana.









Chuck Smith - US



Blake Pelton - US



Cherie Silvera - US



Tim Meehan - US



Jonathan Quaye - Ghana



Hagen Muhlich - Germany



Kabisch Raymond Chase - US



Jorge Reategui - Peru



Eduardo Reategui - Peru



**Lionel Mury** - Switzerland



Marc Theissen - Germany

**THURSDAY** 

14

**APRIL** 

**ACTIVITIES** 

- PARAGLIDING

   at Odweanoma Mountain @ 10am
- KWAHU DWASO at Kwahu Mpraeso @ 9am
- **EXPLORE KWAHU** at Kwahu
- KWAHU EASTER WEEKEND at Legacy Lounge - Abetifi @ 12pm
- KWAHU EASTER ENJOYMENT at Level 3 Bar & Lounge @ 12pm
- OPINAMAN EASTER MARATHON at Obomeng @ 5am



PARAGLIDING

 at Odweanoma Mountain @ 9am

 ARTISTE NIGHT at Rock City Hotel @ 10pm

• KWAHU DWASO at Kwahu Mpraeso @ 9am

• KWAHU TAFO EASTER at Kwahu

- KWAHU EASTER WEEKEND at Legacy Lounge - Abetifi @ 12pm
- KWAHU EASTER TENT CAMP at Odweanoma Mountain
- AKWAABA NIGHT
   at Asaase Aban Lounge, Obomeng High Street @ 9pm
- RUMBLE IN THE MOUNTAINS 3 at Kwahu Mpraeso Lorry Park @ 7pm

**FRIDAY** 

**15** 

APRIL

**ACTIVITIES** 

#### **HOW TO REGISTER YOUR SIM CARD**

Stage One - Linking of SIM Card to Ghana Card via USSD

STEP 1 Dial \*404# **Enter Ghana Card PIN** Enter Letters and figures without the hyphens **Confirm Ghana Card PIN** STEP 3 STEP 4 **Enter Surname** STEP 5 Enter First name(s) **Enter Date of Birth (DDMMYYYY)** STEP 7 Select Sex STEP 8 Confirm details STEP 9 Submit details provided after confirmation

- √ If successful, you get a confirmation message with a unique code.
- X If unsuccessful due to wrong details, you have 3 attempts to answer security questions
- X If unsuccessful due to verification failure at the National Identification Authority (NIA), you will be informed to contact the NIA

**Stage Two** - Visit your Service Provider (Agent or Customer Care) with your Ghana Card, Unique Code and Digital Address to complete this stage of the registration







Register your SIM Card to stay connected/ For more information, call: 100 on all Networks or NCA on 0800 110 622



















Call toll free **0800-555555** Mob: **0201-000730** 



Proudly part of ABInBev



**SATURDAY** 

16
APRIL

#### L.O.C MEMBERS - 2022 KWAHU EASTER AND PARAGLIDING FESTIVAL

- Hon. Yaw Owusu Addo, M.C.E Kwahu West
- **Hon. Emmanuel Atta Ofori Snr**, M.C.E Kwahu South
- **Hon. Isaac Agyapong** , D.C.E Kwahu East
- **Doctor Kwabena Awotwe Owiredu**, Medical Supt. Atibie Government Hospital
- **Rev. Dr. Nana Adane-Ameyaw CSP**, Divisional Police Commander of Nkawkaw
- Mr. Eben Kofi Anyedi, Immigration Comander, Mpraeso
- Mr. Buaben Bonsu Andrews, Ambulance Officer, Mpraeso
- Mr. Anthony Mayebi, Fire Commander, Mpraeso
- Alhaji Moro Fuseni, Nadmo Director, Mpraeso
- Nana Obeng Akrofi Darteh, BAAMU HENE of Mpraeso, Rep Traditional Council
- Nana Dakwah Bamfo III, Akyeamehene of Atibie
- Frederick Adjei-Rudolph, GTA, Koforidua.

- PARAGLIDING
   at Odweanoma Mountain @ 9am
- **KWAHU DWASO** at Kwahu Mpraeso @ 9am
- EXPLORE KWAHU
  at Kwahu
- KWAHU EASTER WEEKEND at Legacy Lounge - Abetifi @ 12pm
- KWAHU EASTER ENJOYMENT at Level 3 Bar & Lounge @ 12pm
- ARTISTIC NIGHT at Rock City Hotel @ 10pm
- ABETIFI-HENE 30 YRS CORONATION at Forecourt of Abetifi Palace
- ADOM FM KWAHU COME BACK ST. CARNIVAL at Mpraeso/ Obomeng @ 4pm
- ATINKA TV DI ASA at Mpraeso
- KWAHU FAMILY EASTER
   at F.A Sakyi Recreational Park, Nkawkaw
- **MEET AND GREET** at Asaase Aban Lounge @ 7pm
- GUINNESS BRIGHT HOUSE at Kwahu @ 6pm
- EASTER POOL PARTY
   at Asaso Entertainment Center @ 2pm
- LIVE LOTTERY BY NLA at Obo @ 7pm
- AFC 11 ELITE FIGHT at Kwahu Freedom Hills @ 7pm
- FOOTBALL MATCH
   (AMBASSADORS XI VS LILWYN XI )
   at Kwahu Freedom Hills @ 2pm

## #EXPERIENCEGHANA #SHAREGHANA



Tour Operators Union of Ghana(TOUGHA) is an association of experienced Travel and Tour professionals in Tourism industry in Ghana.

It is composed of Tour Operators who offer inbound and outbound tours giving the traveler very unique experiences. Since the Union's inception, it has been our focus to help revitalize the tourism industry and attract more visitors to the country.

**TOUGHA** exists to support Tour Operators in harnessing potentials which will transform the country and contribute to the tourism industry.

The union also advocates on issues which directly affects tourism and serves as a laison between Tour Operators and the Ghana Tourism Authority as well the Ministry of Tourism



- f Tour Operators Union of Ghana Tougha
- **Tourist Infomation Center** Opp. Jubilee House
  - www.touroperatorsgh.org



PARAGLIDING
 at Odweanoma Mountain @ 9am

- **KWAHU DWASO** at Kwahu Mpraeso @ 9am
- **EXPLORE KWAHU** at Kwahu
- KWAHU EASTER WEEKEND at Legacy Lounge - Abetifi @ 12pm
- KWAHU EASTER ENJOYMENT at Level 3 Bar & Lounge @ 12pm
- WHITE ON JEANS PARTY at Asaase Aban Lounge @ 7pm
- ABETIFI-HENE 30 YEARS CORONATION at Forecourt of Abetifi Palace
- KWAHU EASTER TENT CAMP at Odweanoma Mountain, All Day



**MONDAY** 

**SUNDAY** 

**APRIL** 

**ACTIVITIES** 

18

APRIL ACTIVITIES

PARAGLIDING
 at Odweanoma Mountain @ 9am

• KWAHU DWASO at Kwahu Mpraeso @ 9am



#### **Rock City Hotel**

Tel: 055 338 7633 / www.rockcityhotelgh.com Agogo-Mpraeso Rd, Nkwatia

#### Nyarkoa Ba Nyarko Hotel

Tel: 024 423 1929 Oho

#### Wags Hotel

Tel: 0541815968 / www.wagshotelgh.com Kwahu Obomeng

#### Tel Van Hotel

Tel: 054 418 7585 / www.telvanhotel.com Abetifi

#### Modak Royal Hotel

Tel: 081300812, 277616480, 277616490 Pepease

#### Freedom Hills Hotel

Tel: 059 123 1316 Agogo-Mpraeso Rd, Nkwatia

#### Rojo Hotel

Tel: 0342042222 Nkawkaw

#### **Kwadisco Hotel**

Tel: 0242761022 Nkawkaw

#### Akuramma Hotel

Bepong

#### **Ecowas Point Hotl**

Nkawkaw

#### Awo Gyaa Hotel

Tel: 0208132071 Kwahu Obomeng

#### **KATSON Hotel**

Tel: 0343122203 Kwahu Obomeng

#### **ECOMOG Restaurant and Hotel**

Nkawkaw

#### **Moonlight Hotel**

Bepong Kwahu

#### Nyame Bekyere Hotel

Tel: 0240918711 Bepong-Kwahu

#### **Oware Guest House**

Oware Guest House

#### **Topway Hotel**

Nkawkaw

#### **Asase Aban Hotel**

Tel: 0244470302 / 0244877165 Nkawkaw

#### **Dubagio City Hotel**

Tel: 0244122811 Nkawkaw

#### **Ohene Nana Classic Hotel**

Mpraeso

#### Macedonia Hotel

Tel: 0207280581 Nkawkaw

#### **Obroniba Guest House**

Tel: 0279014920 Nkawkaw

#### **Okoman Hotel**

Tel: 0208136244 / 0273355577 Nkawkaw

#### **Osafo Kantanka Memorial**

Tel: 0247918906 Mpraeso

#### **Omari Serwah Hotel**

Tel: 088222168 Aduamoa, Nkwatia

#### **House Of David Hotel**

Tel: 0302 670 209 St. Peters SHS School Road, Nkwatia

#### **Lordy Royal Hotel**

Atibie

#### Maame Mintah Motel

Aduamoah-Nkwatia Road, After Omari Serwah's Hotel, Nkwatia

#### **Loop Hill Hotel**

Tel: 0208170470 Kwahu, Nkwatia

#### The Top Hotel

Abetifi

#### **Paradise Hill Gardens**

Tel: 0244384142 Abetifi

#### **Real Parker Hotel**

Tel: 0244026143 / 0246073944 Nkawkaw

#### **Betrams Hotel**

Nkawkaw

#### Rosemma Hotel

Tel: 0243634754 Mpraeso

#### **Boblin Hotel**

Abetifi

#### **Fadjasco Royal Hotel**

Asakraka

#### St. Michael Hotel

Tel: 0209019079 Donkorkrom

#### Masada Hotel

Tel: 0244270551

#### **BOB-Limus Hotel**

Abetifi





# Drink Alltime & Royale for vitality and health



Cocoa Processing Company Limited (ISO 9001:2015 Certified) Private mail bag, Tema, Ghana West Africa.

# +233 2056 06505 / +233 2056 06507 / +233 303 212153 / +233 303 212154

info@goldentreeghana.com www.goldentreeghana.com

Ghana Post Address : GT-012-7738



#### **NATIONAL IDENTIFICATION AUTHORITY**

Thinking of how to register for the Ghana Card or update your personal records or replace your lost, stolen, or damaged Ghana Card?

#### **CURRENT OPERATIONS**

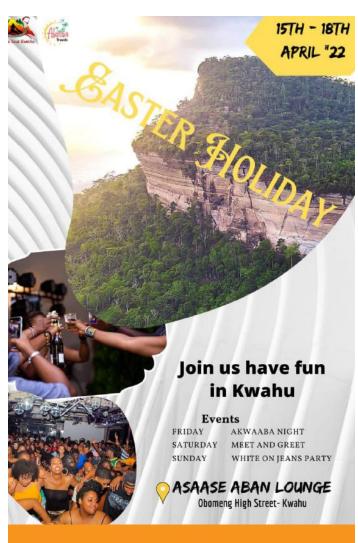
• The NIA, in its quest to make access to registration points and acquisition of the Ghana Card stress-free, has opened sixteen (16) Regional and two hundred and seventy-six (276) District Offices across the country. Walk into our offices wherever you are in the country to enjoy any registration-related services.

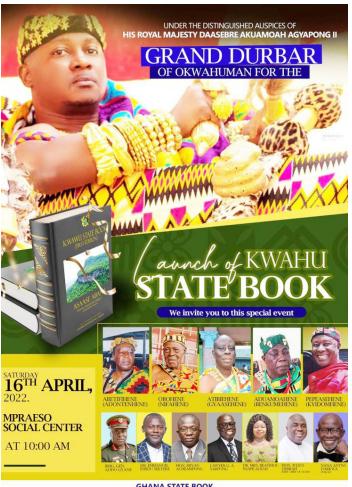
**REQUIREMENTS, FEES & CHARGES, LOCATION FOR SERVICE** 

Service	Requirement	Cost	Location
First time registration	<ul> <li>Valid Ghanaian Passport         (original) or</li> <li>Ghanaian Birth Certificate         (original) or</li> <li>Vouching Process- (A relative of         an applicant or Two persons         who have registered and been         issued with Ghana Cards to         vouch for an Applicant).</li> <li>Digital Address Code of         Applicant's place of residence</li> </ul>	Free	All Regional and Districts Offices
Premium Registration	<ul> <li>Same requirements as a first- time registrant.</li> </ul>	GHC250.00	NIA Headquarters or CAL Bank Head Office
Replacement of lost, stolen or damaged cards	<ul> <li>Original copy of Police Extract confirming report of lost or stolen card</li> <li>For damaged cards, the damaged or defaced card of the Applicant.</li> </ul>	GHC30.00	All Regional Offices and El-wak Sports Stadium
Update of personal records	<ul> <li>Original copies of documents supporting the update request.</li> </ul>	GHC30.00	El-wak Sports Stadium
Registration of non- citizens under the Foreigner Identification Management System (FIMS)	Valid passport	USD120.00 for first registration  USD60 for yearly renewal of Non-Citizen Ghana Card	1. NIA Headquarters 2.Ghana Immigration Service (GIS) Accra Head Office, and Tamale office. 3.CAL Bank Limited – labone, Tema, Takoradi and Nhyiayeso branches) 4.KNUST Campus, Kumasi
Institutional Registration	Minimum of 50 personnel with their required documents	GHC100.00 per head plus Logistics fee of at least GHC 250	To be determined by the institution requesting for the service
Household registration	<ul> <li>Minimum of 5 members of a household with their required documents</li> </ul>	GHC150.00 per head plus Logistics fee of at least GHC250	To be determined by the household requesting for the service

For more information, visit our website @ www.nia.gov.gh or call us on 0242438615, 030299306-9 and at info@nia.gov.gh

#### **SOME ACTIVITIES AT KWAHU 2022**





**GHANA STATE BOOK** KWAHU TRADITIONAL COUNCIL || NATIONAL COMMISSION ON CULTURE || NATIONAL HOUSE OF CHIEFS BUREAU OF GHANA LANGUAGES & GHANA TOURISM AUTHORITY

# Kwahu Dwaso

#### **KWAHU EASTER DONKOMI TRADE FAIR**



To register, call the following numbers...

KOMI TRADA

**(** 024 467 6259 | 020 124 4400 024 328 8384 | 024 027 2011





OBUOBA





imagine 🖁

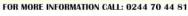






NCREDIBLE ZIE















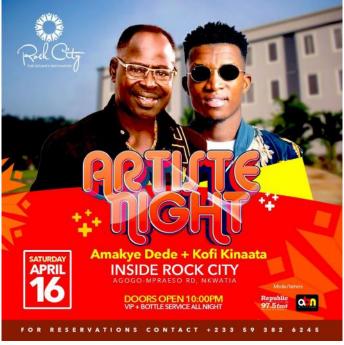


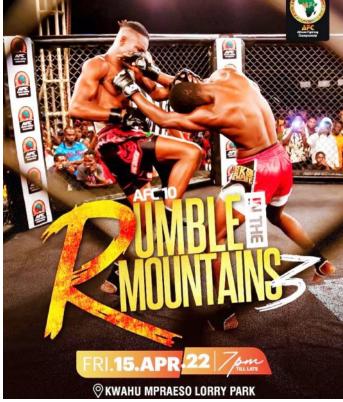


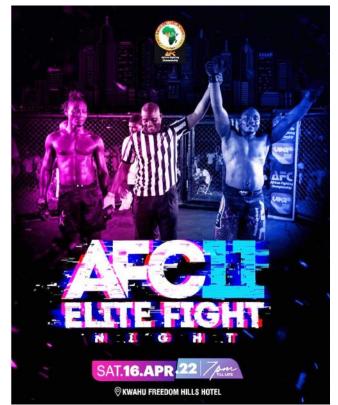


















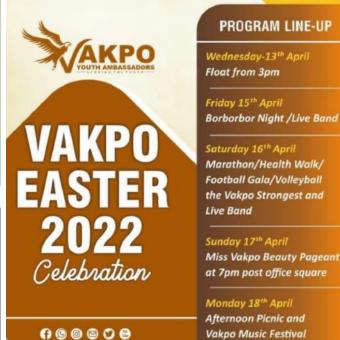
For Bulk Purchases, Call 0302772807

**Head Office** No. 10 Osu Badu Street Dzorwulu, Accra sales@specialicelimited.com www.specialicelimited.com



# SOME EASTER ACTIVITIES IN DIFFERENT REGIONS

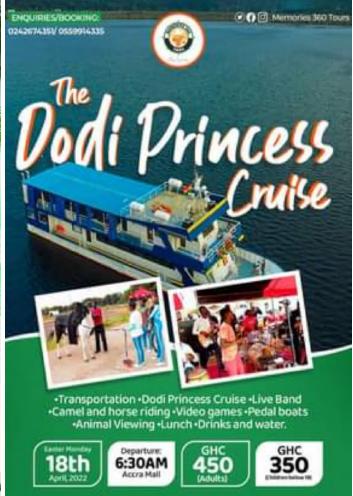


















6: INTERESTED PEOPLE SHOULD WRITE HEIR NAMES TO PARTICIPATE IN THE ARROUS ACTIVITIES.

ATLANTIC BREEZE HOTEL AFLAO LOWCOST BEACH





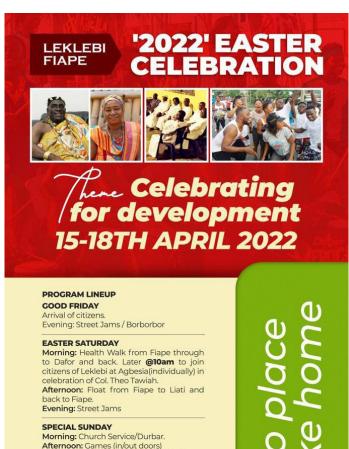




# Think payment, use MoMo now.







Evening: Jalabia movement/Bon fire/Street

Morning: Family Gatherings/Picnic/Funfair Afternoon: Departure....

EASTER MONDAY

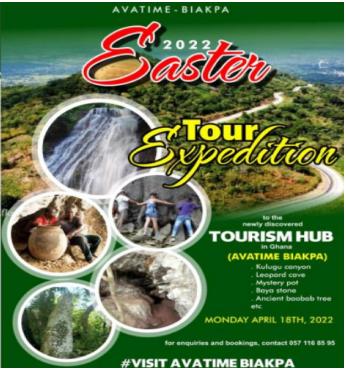










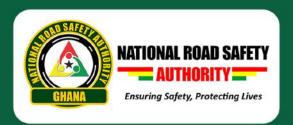














# #GyaeObonsam AdwumaNo

▶ ¶ National Road Safety Authority, Ghana

@ @officialNRSAGhana

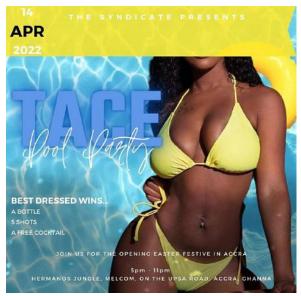
**y** @NRSAGhana















#### **M&G PHARMACEUTICALS LTD.**































# 'BUY GHANA' 'BUILD GHANA'



Association of Ghana Industries

Tel: 233 302 666868, 666613, 664758 Website: www.mgpltd.com

Making Quality Medicines for Millions

THIS ADVERTISEMENT HAS BEEN VETTED AND APPROVED BY FDA

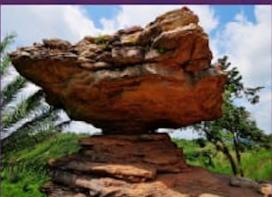






















# Insuring you, everyone and everything you love.

Life is not about what can go wrong, but what can go right...so live freely because we've got you covered!

> Hollard. insurance | life

motor . life . business . travel . Investments

# **PARTNERS**









## **MEDIA PARTNERS**







































## **KNOW OUR BRANDS**



















#### **Development Through Games**

For More Information, Kindly Contact: 0266087946, 0266087961, 0269014089, 0269014019, 0266087966, 0266087946



(7 @ National Lottery Authority



m www.nla.com.gh